

# Registration Form

## Registration Information:

Please mail this form & workshop fee (\$15) by Thursday, October 22, 2009. Checks should be made payable to the University of Minnesota. County vouchers are accepted.

## Mail to:

SW Research & Outreach Center  
23669 130th Street  
Lamberton, MN 56152

## Name:

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## Organization:

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## Address:

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City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Special Needs: \_\_\_\_\_

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## Workshop Audience

The workshop is appropriate for dietitians, nutrition educators, nurses, Head Start staff, ECFE, mental health practitioners and professionals, school and county social workers, educators, and medical professionals.

## Continuing Education Units (CEUs)

A Certificate of Attendance documenting 5 clock hours will be available for participants.

## ConnectU Partners

This workshop is coordinated by the University of Minnesota Extension and the Southwest Research and Outreach Center in partnership with the University's Center for Neurobehavioral Development, Children, Youth & Family Consortium, and SW/WC Service Cooperative.

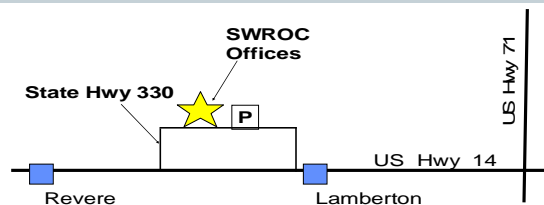


College of Food, Agricultural  
and Natural Resource Sciences  
UNIVERSITY OF MINNESOTA

## For Additional Information

University of Minnesota  
Southwest Research and Outreach Center  
23669 130th Street  
Lamberton, MN 56152  
507-752-7372 Phone; 507-752-5097 FAX  
<http://swroc.cfans.umn.edu>

## Map to the SWROC



# Nutrition and the Developing Brain

A ConnectU Workshop for all professionals and individuals working with families and children.

**Wednesday, October 28, 2009**

Registration: 8:45 am

Program: 9:00 am to 3:00 pm

Registration Fee: \$15

Registration Deadline: Thurs., October 22

University of Minnesota  
SW Research and Outreach Center  
Lamberton, MN

## Nutrition and the Developing Brain Workshop Agenda

8:45 am Registration

9:00 am Welcome and Introductions

9:10 am **Nutrients Important for Early Brain Development** - Dr. Michael Georgieff

Topics to include:

- Impact of major nutrients on the brain (protein, fats, fish oils, iron, zinc, choline)
- When specific nutrients are important for brain development – prenatal to childhood
- How the effect of nutrients is evaluated
- Populations at risk for specific nutrients
- Open discussion and questions.

12:00 pm Lunch (Provided)

1:00 pm **Implementation of Nutrition Crucial to Brain Development** - Dr. Jamie Stang

Topics to include:

- How and what to feed children
- Nutrition during pregnancy
- Best ways to ensure pregnant women, newborn infants (breastfed and bottle fed), toddlers and children obtain optimal nutrition
- Open discussion and questions

3:00 pm Evaluation & Certificates of Attendance



## University of Minnesota Featured Speakers

### Dr. Michael Georgieff

Michael K. Georgieff, M.D., holds the position of Professor of Pediatrics and Child Psychology and Director of the Division of Neonatology and the Institute of Child Development. He received his M.D. from Washington University in St. Louis, Missouri. He served his internship and residency at The Children's Hospital of Philadelphia. He followed with a residency in neonatology at the University of Pennsylvania and at the University of Minnesota. In addition to attending on the Neonatal Intensive Care Unit, Dr. Georgieff is director of the NICU Follow-up Clinic, director of Neonatal Nutrition Support Service and director of the Center for Neurobehavioral Development.



Dr. Georgieff's research focuses on fetal/neonatal nutrition, specifically, the effect of fetal/neonatal iron nutrition on brain development and neurocognitive function. He has published in numerous journals, including *American Journal of Physiology*, *Pediatric Research*, *Journal of Nutrition* and *Journal of Pediatrics*. He has written and contributed to a number of book chapters and has over 100 published papers.

### Dr. Jamie Stang

Jamie S Stang, PhD, MPH, RD holds the position of Assistant Professor and Public Health Nutrition Major Chair. She received her PhD in Nutrition from the University of Minnesota. Her MPH in Public Health Nutrition is from the University of North Carolina, Chapel Hill and her BS in Community Dietetics is from the University of North Dakota, Grand Forks. Dr. Stang is also the principal investigator for the National Maternal Nutrition Intensive Course.



Dr. Stang's research focuses on nutrition and weight status in pregnancy; child and adolescent nutrition; behavioral counseling in child obesity; and eating disorders treatment. She has published in many journals.